

KITCHEN CLEANING CHECKLIST

DAILY

- ☐ clear and wipe down counter tops
- ☐ spot clean appliances
- ☐ sweep floor
- ☐ wash dishes and clean sink

WEEKLY

- ☐ wipe down all appliances
- ☐ declutter and wipe down fridge
- ☐ mop floor
- ☐ dust
- ☐ deep clean sink and garbage disposal

MONTHLY

- ☐ clean coffee maker
- ☐ wash area rugs
- ☐ clean garbage cans
- ☐ wipe down cabinets and knobs

QUARTERLY

- ☐ deep clean fridge
- ☐ wipe down top of fridge
- ☐ clean oven and range hood
- ☐ clean dishwasher
- ☐ declutter cabinets
- ☐ declutter and organize pantry
- ☐ clean behind fridge and oven